

Subject: Instant HR & Payroll: Special Virginia529 Offer, Show Your Appreciation with eCards, and Sign Up to Lead a Who's Walking Wednesday
Date: Tuesday, May 29, 2018 at 4:52:05 PM Eastern Daylight Time
From: Ashley M Hill (sent by Human Resources & Payroll List <HR-PAYROLL-L@listserv.gmu.edu>)
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Attachments: image001.png, image002.png, image003.png, image004.png, image005.png, image006.png, eCards Final.jpg, Virginia529.jpg

Instant HR & Payroll

Who watched the Caps game last night? Washington will definitely beat the Golden Knights next time!

Check out this Instant HR & Payroll for information on how to show your appreciation, how to sign up to be a Who's Walking Wednesday leader, and a special Virginia529 offer.

Show Your Appreciation: Send an eCard

Showing appreciation helps others feel valued, motivates them to do better, and builds their self-esteem! It even lets them know you care. Show your appreciation and send [an eCard to a Mason colleague!](#)

There are a variety of themes and styles and you can send them from the comfort of your desk or phone. There is no cost or limit to how many you can send either!

Send an eCard today through [Mason eCards!](#)

Questions? Contact Reward and Recognition at awards@gmu.edu.

[Learn More](#)

Sign Up to Lead a Who's Walking Wednesday

Sign up to lead a Who's Walking Wednesday walk!

Choose a date then lead the walking group for 30 minutes anywhere around campus. Walks begin **every Wednesday at noon in the Wellness Circle at Merten Hall**. Anyone can join!

If you would like to sign up, visit

<https://www.signupgenius.com/go/10c0a44a9ac29a0fd0-fairfax1>.

Learn More



Special Offer for Virginia529

Start saving for your child's education now with a Virginia529 account!

Special offer alert! If you open an account with \$50 or more before May 31, 2018, you will receive an extra \$50.

Read the attached flyer for more information.

For a legend of the header icons, [visit the Instant HR & Payroll legend page](#).

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