

Subject: Instant HR/Payroll: It's SUMMER, the Sequel

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It's Summer! The Sequel

Here are some more summer opportunities to share with your faculty and staff.

- Summer Fitness

Mason Recreation invites you to incorporate some fun and fitness into each Friday this summer. All faculty and staff (bring your Mason ID) have complimentary access at the RAC and the Aquatics & Fitness Center on Fridays from July 1 through August 12, 2016, all hours they are open. Visit <http://recreation.gmu.edu> for the summer schedule.

Stop by for a workout or participate in any of the free exercise classes they offer. A cool opportunity to beat the summertime heat! Try a walking meeting on the treadmills or a workout meeting with the weights. Or just come by for some "me" time. You choose!

With your supervisor's permission, combine Free Fridays with a flex schedule (e.g. four 9-hour days and one 4-hour day) -- so your workout fits nicely in your workday. Or just come in a little earlier or stay a little later on Fridays to enjoy a workout when it works for you and your team.

Try some Free Friday Flex Fun & Fitness, courtesy of Mason Recreation!

- Summer Deals

Summer deals are sizzling! Check out these new ones:

- **NEW!** [Life/Work Connections Discounts](#)
 - REV Pilates



Faculty and staff have a 20% discount on all of [Rev Pilates Gym's](#) service offerings. This includes all drop-in classes, package purchases including class packages and private sessions. Memberships are excluded from this offer. Use the code GMU20 to receive the discount. Rev Pilates Gym is located in the University Mall Shopping Center at 10621-E Braddock Road in Fairfax.

- Green 'n Brown



Faculty and staff receive a discount from 3% to 15% plus free shipping on all merchandise purchased online through www.GreenNBrown.com. Please note that this is an additional store-wide discount on top of any current discounts available. Use the code GNBEMPL to redeem the discount.



- [TicketMonster.com](#) (Florida destinations, theme parks, restaurants, movies and more)



- [TicketsatWork](#) (special rates on Broadway shows)
- Codes for Ticket Monster Perks and TicketsatWork are both available by logging onto [MyMasonHR](#) from the Life/Work Connections discount page at <http://hr.gmu.edu/worklife/discounts>.
- **NEW!** [Department of Human Resource Management](#) Discounts
 - [Carowinds](#) (if you're vacationing in the Carolinas this summer)
 - [Hotels.com](#) (10% off)
 - [Orbitz](#) (5% off at select hotels)
 - See all your DHRM discounts at <http://www.dhrm.virginia.gov/employeeediscounts>
 - *Please note: The Optional Benefits listed on the DHRM discount page are not available at Mason.*

Here's the original "It's Summer" from June 17th just so you have it handy.

It's Summer!

Need some chillaxin'? Coming up later in June and July are a few opportunities to relax and enjoy this time of year. Please encourage your faculty and staff to try:

- *Summer Travel Planning*
Join Rita Rowand, Mason's Cultural Tours Program Manager on Wednesday, June 29 at noon to learn more about travel opportunities through the new Mason Cultural Tours program, which invites everyone to take part in cultural travel programs throughout the world. At this meeting, you will learn about destinations which incorporate learning and fun, while traveling with friends of Mason. Learn how you can participate and take advantage of group rates and travel in comfort and safety with the services of a Mason Study Abroad staff member. To register, please visit <http://hr.gmu.edu/learning/hr.php>. This session will be videoconferenced to Arlington and SciTech.
- *Reminder: Summer Flex*
Senior leadership is providing additional holiday leave for salaried faculty and staff this summer. Called [Mason Flexible July](#), it includes:

- Four hours of additional holiday leave when Mason closes administrative offices at 12:30pm on Friday, July 1.
- Four hours of additional Special Flex Holiday leave that can be used, with supervisor permission, during July or August of 2016.
- A special promotion of flexible work schedules for the month of July to encourage the use of flexible scheduling such as working four 9-hour days and one 4-hour day.

The FAQ is available on the [HR & Payroll homepage](#).

- *Reminder: The Future Is Bright: Celebrate Summer in the Faculty/Staff Lounge*
Please join us in the Faculty/Staff Lounge in the Johnson Center (formerly the Bistro) on **July 7** from 11:30am -1:30pm as we celebrate summer and look forward to a bright future together at Mason. Bring your lunch or just come for dessert and enjoy some free giveaways while supplies last.
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- *Updated With Pricing Info! Summer Bridge Camp*
Sometime summer camps end a little too soon leaving a time that needs to be “bridged” before public elementary schools start. To help with that challenge, HR & Payroll is piloting a summer bridge camp from August 15-September 2 for children ages 6-10. Choose 1, 2, or 3 weeks. The theme is “Junior Detective Agency” and it will be held on the Fairfax Campus. For details, including camp pricing and before/after camp care, please see the [Summer Bridge Camp flyer](#). If you have questions or would like to discuss this new opportunity, please contact Tina Morris at 3.5807 or via email at tmorris1@gmu.edu.
- *Summer Kind*
The folks who make Kind bars, are sponsoring #kindawesome, a sweet opportunity to give a shout out to someone who is being kind. You celebrate their kind act and they receive a free Kind bar. Sweet and simple. Go for it at <https://www.howkindofyou.com/>.

Here are some other resources to help practice summer kindness.

- [Reward & Recognition DIY](#)
- [Pinterest](#)
- *Summer Surprise*
Stay tuned for future Mason Summer opportunities!