

Subject: Instant HR & Payroll: New Discount Page, Eat Well Challenge, Flex Holiday Reminder, and Happy Independence Day!
Date: Friday, June 29, 2018 at 11:49:21 AM Eastern Daylight Time
From: Ashley M Hill (sent by HR/Payroll Department Contacts <DEPARTMENT-CONTACTS-L@listserv.gmu.edu>)
To: DEPARTMENT-CONTACTS-L@listserv.gmu.edu
Attachments: image003.png, image004.png, image005.png, image006.png, image007.png, image008.png, image009.png, image010.png, image011.png

Instant HR & Payroll

This coming Wednesday is Independence Day! July 4, 2018 is also a **George Mason holiday**. Stay safe, eat lots of delicious food, and enjoy your day!

Read below to discover information on the new discount page, a CommonHealth Eat Well Challenge, and a flex holiday reminder.

\$ New Discount Page

Salon and Spa

Bellini Salon
10% Off
George Mason faculty, staff, and students receive a 10% discount on all salon and spa services. For more information, call (703) 255-2555 or visit www.bellinibeauty.com.

Dante Salon & Wellness Spa
\$20 Off First Visit
Mason faculty, staff, and retirees receive a special offer at Dante Salon & Wellness Spa in Fairfax City. Mention that you are Mason faculty or staff when making your appointment and receive \$20 off on your first visit to any of their departments – hair care, skin care, nail care, and massage. The offer only applies to new customers to each department.

Hair Xpressions
20% Off
With a valid Mason ID, faculty, staff, and students receive a 20% discount on haircuts, highlights, coloring/keratin treatments, and Brazilian and eyebrow/facial waxing at Hair Xpressions, 9549 Broadbuck Road, Fairfax.

The Mason discount page has a new look and a new home! Your discounts are now more accessible than ever.

Find all the discounts you receive as a Mason employee at <http://hr.gmu.edu/worklife/discounts/>.

Learn More

Eat Well Challenge

Continue celebrating Employee Well-Being Month through July by participating in a healthy eating challenge. CommonHealth, the state's Employee Wellness Program, is challenging employees to eat healthily with the 2018 Eat Well Challenge.

Registration is open! Visit www.commonhealth.virginia.gov or sign up [here](#)

today.

The first 1,000 employees to complete the challenge (including submitting the follow-up survey at the end of the challenge) will receive a Ginny B. Well pin.

Questions? Contact your agency coordinator, Bridget Peabody, at bpeabody@gmu.edu.

Learn More



Flex Holidays

If it applies to you, don't forget to use your flex holidays this year!

Senior leadership provided 16 hours of flex holiday in 2018 for benefited faculty and staff hired before February 1, 2018. With supervisor approval, qualifying benefited faculty and staff can use these flex holiday hours anytime during the 2018 calendar year. Part-time faculty and staff will be given leave proportionately.

When you use the flex holiday hours, please enter the number of hours used on your time sheet under "Special Flex Holiday."

Be sure to use your flex holiday hours! They expire at the end of the 2018 calendar year and are not eligible for payout.

Visit the benefits page for [the full 2018 holiday schedule](#).

Learn More



For a legend of the header icons, [visit the Instant HR & Payroll legend page](#).

Ashley Hill

Communications Specialist

Human Resources & Payroll | George Mason University

Alan and Sally Merten Hall, Office 4157

(703) 993-5807