

Subject: Instant HR & Payroll: Mason Flare, Apply to Emerging Leaders Supervisor Series, Who's Walking Wednesday, Weekly Wellnote
Date: Thursday, July 12, 2018 at 11:58:09 AM Eastern Daylight Time
From: Ashley M Hill (sent by HR/Payroll Department Contacts <DEPARTMENT-CONTACTS-L@listserv.gmu.edu>)
To: DEPARTMENT-CONTACTS-L@listserv.gmu.edu
Attachments: image001.png, image003.png, image004.png, image005.png, image006.png, image007.png, image008.png, Who's Walking Wednesday.ics

Instant HR & Payroll

NEW calendar feature!

You can now easily add the events advertised in these emails to your Outlook calendar. To add the event to your calendar:

1. Double click the corresponding calendar event attachment found at the top of the emails
2. Click "Yes" when prompted to add to calendar
3. When the new window appears, click "Save and Close"



Who's Walking Wednesday

Details: Wednesday, July 18, noon, in front of Merten Hall

Take a well-being break and join Shannon Davis, Interim Senior Associate Dean of CHSS and Associate Professor of Sociology, for Who's Walking Wednesday! Meet her in front of Merten Hall for a refreshing mid-day walk around campus.



Mason Flare

Great Job! Thank You! Bravo! Mason Flare helps you say all of this and more to another Mason employee. Even student employees can receive Mason flare.

There are a variety of items to choose!

Submit your request for Mason Flare [on the rewards and recognition site](#).

Questions? Contact Reward and Recognition at awards@gmu.edu.

[Learn More](#)



Apply to Emerging Leaders Supervisor Series

Apply for the next cohort of the Emerging Leaders Supervisor Series!

The series begins September 2018 and runs until November 2019. In addition to the curriculum, participants will:

- Work with assigned workplace coaches to set goals related to their growth as a leader
- Complete a developmental project
- Work with peers across the university to learn more about the institution and to build a network of fellow supervisors

Find application materials and a program schedule at <http://hr.gmu.edu/learning/supervisor.php>. **The application deadline is Friday, July 13, at 5 p.m.** *Applicants must be Mason faculty or classified staff, and must supervise at least one employee who is faculty or classified staff.*

Please contact Robyn Madar, Program Manager/Trainer, at rmadar@gmu.edu with questions.

[Learn More](#)



Weekly Wellnote

New each week, CommonHealth, the state's Employee Wellness Program, releases a Weekly Wellnote. These notes aim to enhance your well-being by giving you tips on topics such as nutrition, sleep, and exercise. Visit [CommonHealth's site](#) to read the most recent Weekly Wellnote. Check Around Mason each week for the newest Weekly Wellnote.

[Learn More](#)

For a legend of the header icons, [visit the Instant HR & Payroll legend page](#).

Ashley Hill

Communications Specialist

Human Resources & Payroll | George Mason University

Alan and Sally Merten Hall, Office 4157

(703) 993-5807