

Subject: Correction: Instant HR/Payroll: Summer Camp Opportunities, College Colors Day, Well-Being Certificate Program, SafeTrack, Mason 9/11 Day of Service, Healthy Campus Week, and More!
Date: Monday, August 29, 2016 at 9:00:10 AM Eastern Daylight Time
From: Janet P Walker (sent by HR/Payroll Department Contacts <DEPARTMENT-CONTACTS-L@listserv.gmu.edu>)
To: DEPARTMENT-CONTACTS-L@listserv.gmu.edu

Good morning!

With apologies, there was an error in the Well-Being Certificate Program item in the Instant HR/Payroll that went out on Friday. The email address for RSVPs is hlearn@gmu.edu.

From: Janet P Walker
Sent: Friday, August 26, 2016 12:58 PM
To: 'DEPARTMENT-CONTACTS-L@listserv.gmu.edu' <DEPARTMENT-CONTACTS-L@listserv.gmu.edu>
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As the Summer Winds Down: Summer Camp Opportunities

Last Week: Summer Bridge Camp

Sometime summer camps end a little too soon leaving a time that needs to be “bridged” before public elementary schools start. Spaces are available for the last week of HR & Payroll Summer Bridge Camp, August 29-September 2 for children ages 6-10. The theme is “Junior Detective Agency” and it will be held on the Fairfax Campus. For details, including camp pricing and before/after camp care, please see the [Summer Bridge Camp flyer](#). If you have questions or would like to discuss this opportunity, please contact Tina Morris at 3.5807 or via email at tmorris1@gmu.edu.

Discount to Mason Families for STEM exCEL Enrichment Center: August 29-September 2 Summer Camp in Fairfax City!

[STEM exCEL](#) is offering a summer camp during the last week of summer vacation - August 29th-September 2nd at its Enrichment Center (4010 University Drive) in Fairfax City just down the road from the Fairfax campus. They are offering Mason families a \$50 discount for this \$300/week camp which runs from 9am-4pm (and includes free before/after care 8am-9am, 4pm-530pm). The STEM exCEL summer camp will offer 3D Printing in the morning session and Game Design in the afternoon session. After creating an account with them, upon registration check-out, use discount code GMUSUMMER16 for the \$50 discount. Visit: stemexcel.org/enrichment to learn more and to register. Email info@stemexcel.org if you have any questions.

College Colors Day: September 2

Help kick off academic year 2016-17 with your Patriot Pride showing on College Colors Day, Friday September 2! Visit <http://wearemason.gmu.edu/collegecolors> to learn about ways to participate in this year's celebration.

Get ready for the big day - shopMason at <http://trademarks.gmu.edu/gear/>! Follow www.facebook.com/WeAreMason or www.twitter.com/WeAreMason4Life for other opportunities to engage in the fun and excitement of the Green and Gold. Remember; wear your colors on September 2!

Go Mason!

You're Invited: Well-Being Certificate Program

The Well-Being Certificate Program is designed to help faculty and staff foster their knowledge of the science and practice of well-being, create an individualized plan to enhance their own well-being, and collaborate with others to help build well-being in the workplace. This interdisciplinary 4-session program brings together instructors from the Center for the Advancement of Well-Being, Human Resources & Payroll, Center for Sports Performance, College of Science, Department of Psychology, and the Higher Education Program; it is open to all faculty and staff.

- Session 1: Introduction to well-being models and StrengthsFinder
 - Friday, September 30, 10am-4pm
- Session 2: Mindfulness, meditation, and physical well-being
 - Friday, October 21, 10am-4pm
- Session 3: Well-Being in the workplace and resilience
 - Friday, November 18, 10am-4pm
- Session 4: Group Discussion and Wrap Up
 - Friday, December 9, 9am-noon

Attendance of all four sessions is expected for successful completion of the program. Please RSVP to hrlearn@gmu.edu hrtrain@gmu.edu by Friday, September 9. Space is limited to the first 25 people to register.

Do You Flex? Plan for SafeTrack This Fall

Metro has started an accelerated track work plan called SafeTrack to address safety recommendations and rehabilitate the Metrorail system. Although the plan takes place over several months, there are key times that may be more challenging to our community. Whether you are a regular Metrorail rider or commute by car, longer travel times in the area are expected this fall and winter. We are encouraging everyone to plan ahead and rethink their commuting routine. From where and when you work (i.e. telework, compressed schedule, flextime) to how you get to work (i.e. bus/shuttle, carpool/rideshare, bike), you have several options at Mason. Please see the [flyer](#) for more information.

Mason 9/11 Day of Service

The 4th Annual Mason Nation 9/11 Day of Service will take place on Friday, September 9. There are a number of terrific projects for which Mason faculty, staff, and students can volunteer. For details on events and to volunteer, please see <http://911day.gmu.edu>. *Please note:* Volunteering for up to two hours (with supervisor permission) can be considered worktime.

- Once again, Mason is collecting donations for [Women Giving Back](#), an organization that assists women and children in crisis. Clothing boxes are located in:
 - Arlington: Founders Hall lobby
 - Fairfax: Human Resources (Merten Hall); Honors College (Mason Hall D205); Child Development Center; Aquia 349; Innovation Hall 4th floor lobby; Piedmont 3rd floor, Patriot Computers (Johnson Center), Collaborative Learning Hub (Johnson Center 311)
 - SciTech: Freedom Center lobby, Bull Run Hall lobby, and Colgan Hall lobbyWe invite you to donate new or gently used items. For a list of what is needed, please see the [Mason Women Giving Back flyer](#).

Thank you for your continued support of Mason's 9/11 Day of Service and the Women Giving Back clothing drive!

Healthy Campus Week

Healthy Campus Week will be held from September 19-23, 2016; it's a terrific opportunity to "Plug into Your Wellness" with some opportunities and events highlighting wellness and well-being. For details, please visit [Wellness by Mason](#). A [Healthy Campus Week flyer](#) is also available.

IRS Warns About Back-to-School Scams

On August 18, the IRS released information about Back-to-School scams targeting students and parents regarding a fake "federal student tax". For details and what to do if you receive one of these calls, please see [the IRS press release on the topic](#).