

Subject: Instant HR/Payroll: WeightWatchers Inspire Event This Friday, America Saves Week Begins February 27, and Upcoming Mason Kids Club Dates
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Physical Well-Being - Weight Watchers Inspire Event – Friday, February 17

Join us on Friday, February 17 from 11:30 am – 12:15 pm in Merten Hall, 3300 for the WeightWatchers Inspire Event. Stop by and get inspiration from the success of a WeightWatchers meeting leader and your peers at the at-work meetings. Members who purchase their membership during the event will receive a free starter kit! Additionally, WeightWatchers at Work takes place every Friday at 11:30 and eligible faculty and staff receive special pricing and a 50% reimbursement opportunity on valuable and convenient weight-loss solutions. For more information, please contact hrlearn@gmu.edu or visit <http://hr.gmu.edu/learning/weightwatchers.php>.

Financial Well-Being - Take Action During America Saves Week: February 27-March 4

America Saves Week (ASW) is a fantastic opportunity for faculty and staff to sample some of the terrific financial education that is available through Mason. TIAA and Fidelity Investments are offering webinars on a range of financial topics during ASW (you don't have to be a member in either to participate). And, America Saves Week planners are offering a chance to win \$1000 in their #ImSavingFor contest. Head out to [Mason's financial well-being portal](#) and scroll to Special Programs for details.

Additionally, take advantage of on-site individual retirement counseling as well. TIAA, Fidelity, and ICMA-RC are on campus regularly. For the schedule, visit the [portal](#) or find the information directly on [HR & Payroll's individual counseling page](#).

Please contact Life/Work Connections at worklife@gmu.edu with any questions.

Social Well-Being - Mason Kids Club

Mason Kids Club will be available for elementary school age children in Merten Hall on multiple dates throughout the academic year. Similar to our Spring Break camp and Bridge camp programs, the Club will be filled with fun activities for your child to enjoy! Join any time - upcoming Kids Club dates are Friday, March 24 (Fairfax County Teacher Work Day), April 10-14 (Spring Break) and April 17 (Fairfax County Student Holiday) from 8:00am to 5:00pm. Kids bring their own lunch. For more information on additional dates and fees, please visit the [Kids Club flyer](#) or contact Tina Morris at tmorris1@gmu.edu or 703-993-5807. To register, please visit <https://www.regonline.com/masonkidsclub>