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Subject: Instant HR/Payroll: Come Out for a Walk on April 1 with Dean Prohaska and a Reminder that April is Financial Literacy Month with Some New Resources from TIAA-CREF
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Let's Take a Walk on April 1: The American Heart Association's National Start Walking Day

In honor of National Start Walking Day, Dean Tom Prohaska is leading Who's Walking Wednesday at noon on Wednesday, April 1. Meet up with him in the "Wellness Circle" in front of Merten Hall and take a 30 minute campus walk. Wondering who else is leading "Who's Walking Wednesday"? Check it out!

April 1: Dean Tom Prohaska
April 8: Tom Calhoun
April 15: Nance Lucas (Special Team Theme Walk – Bring your colleagues in themed outfits (same color t-shirt, same baseball hat, etc.); the largest team on all three campuses wins a pizza party courtesy of the Center for the Advancement of Well-Being)
April 22: Mason Academic Advisor Network
April 29: Doc Nix/Jeremy Freer
May 6: Mason Academic Advisor Network
May 13: Dr. Ángel Cabrera
May 20: Available opportunity to "exercise your leadership"
May 27: CHSS Dean's Office

Who's Walking Wednesday is available on all three campuses. To sign up to lead a walk, please visit <http://hr.gmu.edu/worklife/lunch>, scroll down to Walking Wednesday, and select the campus of your choice.

HR & Payroll is delighted to be a part of the Spring into Well-Being celebration underway at Mason through April 30. Spring into Well-Being and Mason's Well-Being University initiative are dedicated to helping faculty, staff, students, and alumni build lives of vitality, purpose, resilience, and engagement. To learn more, visit <http://wbu.gmu.edu>.

Updated Reminder: April is Financial Literacy Month

In honor of Financial Literacy Month (and Spring into Well-Being) we have a number of opportunities to share with you.

- In April, Finances are Fun-ances! TIAA-CREF's new contest, *Square Up Your Savings, launches on April 6*. Here's another chance to build your own financial knowledge with 10 missions that highlight savings education. There's also a chance to win a prize! Details, as they are available, will be on the financial well-being portal at http://hr.gmu.edu/benefits/retire/online_resources.php
- HR & Payroll will continue our in-person financial well-being seminar series including:
 - April 13: Confident Investing in any Market (Jeff Jones of Fidelity Investments)
 - April 21: Getting Your Financial Records in Order (Kate DeWitt of Personal Money Matters LLC)
 - April 28: Money at Work #1: Foundations of Investing (Lisa Fulco of TIAA-CREF)
 - (followed by Money at Work #2: Sharpening Investment Skills on May 5 with Lisa)

Register for classes at <http://hr.gmu.edu/learning>; click on the course calendar tab.

- Some **NEW** resources from TIAA-CREF
 - TIAA-CREF is offering classes in their new Virtual Environment online learning portal at <http://www.tiaa-cref.org/VE>. The TIAA-CREF portal offers 24/7 access to in-depth financial education, including self-paced seminars. There are also *live webinars* scheduled on a range of financial well-being topics; a sample includes “Inside Money: Managing Income and Debt”, “Money at Work: Foundations of Investing” and “Equally Prepared: Financial Planning for the LGBT Community”. For a Spring schedule of live webinars, please visit [TIAA-CREF Webinars](#).
 - They have also developed a [curriculum resource](#) so you can focus on the classes that meet your individual needs.
- In our financial well-being portal, there are additional on-line opportunities for faculty and staff to engage in financial education at a time convenient to them. We particularly want to call your attention to some resources targeted specifically to women and the LGBT community including:
 - From TIAA-CREF:
 - [Start to Finish: The Early Career Woman's Guide to Financial Wisdom](#) (length 38:16)
 - [She's Got It: A Woman's Guide to Saving and Investing](#) (length 46:28)
 - [Postcards From the Future: A Woman's Guide to Financially Ever After](#) (length 46:56)
 - [Charting Your Course: A Financial Guide for Women](#) (length 25:15)
 - [Attention to Detail: Financial Finishing Touches for Women](#) (length 1:08:57)
 - Equally Prepared: Financial Planning for the LGBT Community (TIAA-CREF)
 - [Part A: Retirement Basics](#) (Length 20:44)
 - [Part B: Estate Planning](#) (Length 32:04)
 - [Part C: Tools, Resources, and Taking Action](#) (Length 10:11)
 - From Fidelity Investments:
 - [Women and Investing](#) (length 18:51)