

**Subject:** Instant HR/Payroll: Health Care and Flex Open Enrollment Dates Announced, University Day Reminders, a New Financial Well-Being Seminar, Who's Walking Wednesday, and more!

**Date:** Friday, March 31, 2017 at 4:58:52 PM Eastern Daylight Time

**From:** Janet P Walker (sent by HR/Payroll Department Contacts <DEPARTMENT-CONTACTS-L@listserv.gmu.edu>)

**To:** DEPARTMENT-CONTACTS-L@listserv.gmu.edu

### **Physical Well-Being: Health Care and Flexible Reimbursement Account Open Enrollment Dates Announced**

Health Care and Flexible Spending Account (FSAs) Open Enrollment is scheduled for May 1-15, 2017. More information will be sent to employees in the coming weeks. Please continue to read Around Mason and check the [Benefits website](#) for additional details as they become available.

Please also share the dates with your faculty and staff, particularly faculty, because Open Enrollment coincides with the end of the semester.

### **Community Well-Being: University Day Reminders**

A gentle reminder that invitations were sent to all service awardees through the registration and ticketing platform, Eventbrite. Please encourage employees who are attending Green or Gold day to register for the event through the link on their invitation by Monday, April 3.

Also, Celebration Kits, which include a pin and certificate, and gift catalog with those who 20 or more years of service, have been mailed to all awardees. Each awardee will receive a Celebration Kit, whether they attend a ceremony or not.

If you have any questions, please contact Beth Baroody at [bbaroody@gmu.edu](mailto:bbaroody@gmu.edu) or 3-2739.



### **New! Financial Well-Being Seminar: Turn Your Savings into Retirement Income**

We're delighted to share that Jeremy Harris of Fidelity Investments will be presenting a financial well-being seminar entitled, "Turn Your Savings into Retirement Income" on April 25 at two different times. Choose the session that works best for you!

- Noon-1pm: In Fairfax and videoconferenced to Arlington and SciTech
- 3-4pm: In Fairfax only

In this session, Jeremy will address the benefits of having a retirement income plan, important considerations for retirement income and expenses, and which income strategies may fit your needs for retirement. You can register for either session at <http://hr.gmu.edu/learning/hr.php>.

### **Physical Well-Being: Who's Walking Wednesday**

Join us each Wednesday at noon for Who's Walking Wednesday, a 30-minute campus walk. Meet in the Wellness Circle in front of Merten Hall. Upcoming walk leaders include:

- April 5: In Honor of National Public Health Week with Beth Cabrera of the Center for the Advancement of Well-Being and Patrice Winter of the College of Health and Human Services.
  - April 5 is also National Start Walking Day and Mason is participating in the American

Heart Association National Walking Day Challenge. Sign up to walk in 15-minute segments for this [special challenge](#). Visit the [Work/Life homepage](#) for additional details on getting involved.

- April 12: With Mental Health Matters
- April 19: With Ginnie Mahoney of Information Technology Services

To sign up to lead a walk, please visit <http://hr.gmu.edu/worklife/lunch> and scroll to Who's Walking Wednesday.

**Community Well-Being: DMV2Go in Fairfax, April 11**

Take care of your Department of Motor Vehicle needs at a convenient Mason location! DMV2Go will be on the Fairfax campus in the Merten Hall parking lot from 9:00 am – 4:00 pm on Tuesday, April 11. For the full 2017 schedule, please visit [DMV2Go Mason Schedule](#).

**Reminder - Career Well-Being: Payroll Drop-In Meetings**

Whatever your payroll-related question, we hope you will join us at our monthly Payroll Drop-In meeting. No need to RSVP or register, just drop by Merten Hall, Room 4104 between noon and 2pm (inside the HR & Payroll office) on any of the dates below.

- Friday, April 7
- Friday, May 19
- Wednesday, June 21

If you have any questions about the meetings, please contact Catalina Wheat at [cwheat@gmu.edu](mailto:cwheat@gmu.edu)