

Subject: Instant HR/Payroll: Next Steps-Plan for Your Retirement, Health Care and Flex Open Enrollment, Annual Victims' Rights Run/Walk, a Financial Well-Being Seminar, and a Deal for Administrative Professionals Day

Date: Wednesday, April 19, 2017 at 5:00:15 PM Eastern Daylight Time

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Financial Well-Being: Next Steps - Plan for Your Retirement – Wednesday, May 3

If you're planning to retire within the next 5 years, please join us for the spring Next Steps: Plan for Your Retirement seminar on Wednesday, May 3 from 9:00 am – 12:30 pm in Johnson Center, Dewberry Hall South. This half-day seminar will cover Social Security, Medicare, state health insurance for retirees and information about the retirement plans; VRS, TIAA, and Fidelity. To register, please visit the [Next Steps registration page](#). For questions, and special accommodations, please contact benefits@gmu.edu or 3-2600. Please note this year's spring seminar will be a half-day on the technical aspects of retirement planning. We will have a more expanded, full-day seminar in the fall.

Physical and Financial Well-Being: Update on Open Enrollment for Health Benefits and Flexible Spending Accounts

As we shared in previous recent Instant HR/Payrolls, open enrollment for health benefits and flexible spending accounts runs from May 1 - May 15, 2017. Please share with your benefits-eligible faculty and staff that a communication will be going out soon by mail from the Commonwealth's Department of Human Resource Management (DHRM) to their home address.

In addition to the Spotlight on Your Benefits that will be sent to eligible employees directly from DHRM, we will also be sending out a communication to benefits-eligible faculty and staff with the details on open enrollment later this week or early next week. Please continue to check the Benefits site at <http://hr.gmu.edu/benefits> for updates as open enrollment information is available.

Physical Well-Being: Annual Victims' Rights Run/Walk

Join us on Thursday, April 27 at noon outside of Merten Hall for the 21st Annual Victim's Rights Run/Walk. The proceeds of this event go to support Mason's Victims of Violence Fund and the Rape Aggression Defense (RAD) Program. The Victims' Rights Run/Walk also collaborates with the Aimee Willard Endowed Scholarship Fund. Aimee was a Mason student/athlete whose life was tragically cut short by a brutal act of violence in 1996. To learn more and to register for the event, please visit <http://vrrw.gmu.edu>.

Reminder: Financial Well-Being Seminar: Turn Your Savings into Retirement Income

We're delighted to share that Jeremy Harris of Fidelity Investments will be presenting a financial well-being seminar entitled, "Turn Your Savings into Retirement Income" on April 25 at two different times. Choose the session that works best for you!

- Noon-1pm: In Fairfax and videoconferenced to Arlington and SciTech
- 3-4pm: In Fairfax only

In this session, Jeremy will address the benefits of having a retirement income plan, important considerations for retirement income and expenses, and which income strategies may fit your needs for retirement. You can register for either session at <http://hr.gmu.edu/learning/hr.php>.

Social Well-Being: Administrative Professionals Day

Celebrate the administrative professionals in your office with a special offer from Mason Dining. On Wednesday, April 26, administrative professionals can enjoy a [premium lunch at the Mason Club](#) for \$10

(discounted from \$14). If you have any questions, please contact Caitlin Lundquist at Caitlin.lundquist@sodexo.com.