Graduation Day Babysitting for Faculty and Staff
The University is offering free babysitting for faculty and staff during this year’s Spring Commencement Ceremony. This is a pilot program and space is limited. Please let your faculty and staff know that if they have young children (ages 3-8) and are working at graduation (including attending the ceremony in their official capacity), they are encouraged to complete the registration form as soon as possible to reserve a spot. Forms are due in HR & Payroll by Monday, May 4th.

The flyer and registration form are both available on the HR & Payroll homepage. Questions can be directed to Life/Work Connections at 703-993-2600 or worklife@gmu.edu.

Spring into Well-Being: Walking Wednesday
We hope you will join Doc Nix and Jeremy Freer as they “exercise their leadership” by taking the helm of Who’s Walking Wednesday at noon in Fairfax on April 29. Meet in the “Wellness Circle” in front of Merten Hall.

How about you? Sign up to lead a walk at noon each Wednesday in Arlington, Fairfax, and Mason’s Science & Technology Campus (Prince William). Check out who is leading future walks by visiting http://hr.gmu.edu/worklife/lunch and scrolling down to Who’s Walking Wednesday.

Open Enrollment for Health Benefits and Flexible Spending Accounts
Open enrollment for health benefits and flexible spending accounts runs from May 1-May 22, 2015. The Benefits homepage at http://hr.gmu.edu/benefits has been updated to reflect the information we have to date.

On-Site Financial Well-Being Sessions
There are a few more on-site financial well-being sessions scheduled through May. For details, please see the financial well-being portal at http://hr.gmu.edu/benefits/retire/online_resources.php. Coming up:

4/28 at noon: Money at Work – Foundations of Investing
5/5 at noon: Money at Work – Sharpening Investment Skills
5/12 at 2:00pm: Credit Report 101 – Understanding Your Credit Score and Report

All sessions videoconferenced to Arlington and Prince William.

WeightWatchers Reimbursement and Open House
WeightWatchers at Work will be holding an open house on Friday, May 1 from 11:45 am - 12:15 pm in Merten Hall, Room 2500. Eligible faculty and staff receive a 50% reimbursement on WeightWatchers through the Commonwealth of Virginia. For information, please visit the WeightWatchers page at http://hr.gmu.edu/learning/weightwatchers.php or contact Bridget Peabody at 3.6764 or hrlearn@gmu.edu.

The Governor’s Challenge: Walk the Skyline May 1-29, 2015
Brought to us by CommonHealth, the Governor’s Challenge to all state employees is to walk the equivalent of 105 miles, the distance of Skyline Drive. Online registration for this individual journey
begins on April 28. Here’s a great opportunity to keep us all moving! For details, please visit http://commonhealth.virginia.gov/commonhealthvirginia.htm

Café Rio Discount, Students Now Eligible for a Verizon Discount and More!
With a Mason ID, faculty, staff, students, and retirees receive 50% off on the first Wednesday of every month through June 2015 at four Café Rio locations. For details, please see the Café Rio flyer.

Faculty, staff, and retirees have a discount at Verizon by using their Mason email (@gmu.edu) address. Now students also have access to this discount using their @masonlive.gmu.edu address. Please visit the life/work connections discount page (http://hr.gmu.edu/worklife/discounts) and see both Tick Tock Discounts and Technology at Your Fingertips for Verizon discount opportunities.