



Pacers' Fairfax AM Fun Run to Begin . . .

Good Luck to Fairfax AM Fun Runners!

Pacers started the AM Fun Runs in Arlington in January 2008 with only one or two runners! Now we are a group of 35 - 40 runners w/7-13 mpm pace 6 times a week including 4 runs in Arlington/DC & 2 runs in Alexandria, VA crossing the Wilson Bridge every Monday & Friday at 5A. Contact: Colleen to get on the email list @colleen@runpacers.com ASAP :-)

What: Pacers AM Fun Run

When: Thursday Aug. 6 (Weekly) Start Date

Where: Starbucks Main St. Market Place

Time: 5:30A - 6:30A

Other: Course - <http://www.gmap-pedometer.com/?r=3042423>