

BE A FLU FIGHTER!

2014 Seasonal Flu Shot Clinics



Have Health Coverage Through Mason? Free Seasonal Flu Shots are Part of Your Wellness Benefit.

For faculty and staff who are enrolled in COVA Care, COVA HealthAware, COVA HDHP, and Kaiser Permanente, seasonal flu shots are part of your wellness benefit. There are different ways to obtain a flu shot depending upon your coverage.

1. What are my remaining flu shot options this season? I have...

COVA CARE (Anthem), COVA HealthAware (Aetna) and COVA HDHP (Anthem)	<ul style="list-style-type: none"> On-Site Faculty-Staff Enrichment Day Flu Shot Clinic Tuesday, December 2, 2014 (Fairfax Campus) Participating pharmacies Doctor's office under routine wellness benefit 	Free
Kaiser Permanente	<ul style="list-style-type: none"> Doctor's office and participating medical centers See the Kaiser colds and flu site for more information. 	Free
No insurance through Mason	<ul style="list-style-type: none"> For Student Health Services Flu Shot Clinics, please see the Student Health Services website. 	\$25 (Faculty/Staff)

On-Site Flu Shot Clinics

A flu shot clinic will be set up at the Fairfax campus during Faculty-Staff Enrichment Day for COVA Care/COVA HealthAware/COVA HDHP participants. Flu shots will be administered by SUPERVALU Pharmacies, the same provider as past years. Appointments are encouraged but drop-ins are welcome on a space available basis.

Please note, flu shots cannot be administered to children under the age of 18 at these on-site clinics.

A. On-site clinic schedule

Fairfax

Faculty-Staff Enrichment Day

Tuesday, December 2

9:00am – 12:00pm

JC, Gold Room

COVA (SUPERVALU Pharmacy) ONLY

B. How to make an appointment:

COVA/COVA HDHP/COVA HealthAware

COVA Care/COVA HealthAware/COVA HDHP participants are strongly encouraged to schedule an appointment. To do so, please call the SUPERVALU Pharmacy Call Center at **877-728-6655** Monday-Friday, 10:00am-10:00pm (the call center is located on the west coast). When you call, you will either get a representative or hear a message, "thank you for calling pharmacy customer care. The next available representative will assist you shortly."

- Please identify yourself as being from **George Mason University** and let the representative know that you would like to schedule a flu shot. Be sure to specify which date and campus you are requesting.
- Appointments are scheduled in 15 minute blocks with 5 minutes between each block. This means that you will receive an appointment time with a group of up to 15 others. (e.g. From 9:00-9:15 am, up to 15 people will be scheduled for this block.)
- Appointments will be made on a first-come, first-serve basis so you may not receive your first preference for appointment time.
- There will be multiple technicians on hand to administer the shots.

Kaiser Permanente:

Please note there will be no Kaiser Clinic on December 2, 2014.

No insurance through Mason:

If you would like a shot through Student Health Services, please visit <http://shs.gmu.edu> for details (cash or check).

C. What to bring with you to the clinic

COVA Care/COVA HDHP:

Please bring your **COVA Care or COVA HDHP card** and a completed [consent form](#). Consent forms will be available at the clinic but it will greatly expedite the process if you have already completed a form.

[Consent Form](#)

[Vaccine Information Statement](#)

Please plan to spend 10-15 minutes at the clinic after your shot to ensure that there is no adverse reaction.

If you have any questions regarding flu shot clinics, please call the Life/Work Connections Team at 3-2600.

11/7/14