

Monthly Pass

Flexible access to at work and local meetings, plus eTools.

Monthly Pass* is not only our best value ever, it gives employees flexible access to meetings in their workplace** or their local community, plus FREE eTools, our Internet weight-loss companion, to help keep employees on track. And when they're on track, so are you.

Meetings

- Practical guidance from a Leader who has lost weight with Weight Watchers
- The advantage of group support
- The convenience of meetings at work
- Unlimited local community meetings

eTools

- Track weight, discover recipes, and get *PointsPlus*® values for more than 40,000 foods to stay on track between meetings
- Anywhere, anytime tracking with Weight Watchers Mobile

**We are your
committed partner
for a healthier
workforce**



People who attend Weight Watchers meetings and use eTools lose 50% more weight than those who just attend meetings.†

* Monthly payment is required in advance. The subscriber will automatically be charged each month in accordance with company pricing until they cancel. Monthly Pass is sold in participating areas only; may not be accepted for local and/or At Work meetings in all areas.

** Available only in participating areas in the U.S. Minimum enrollment and participation required to start and maintain an At Work meeting.

† Based on 24-week study; Nguyen, V. et al. Obesity 15 (9S): A221, 2007

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