



Lactation Resources¹

Lactation Rooms

Fairfax

- Johnson Center, ground floor ladies room (formal lactation space, separate from the ladies room, all hours the building is open)
- Mason Hall, please see Laura Barber or her colleagues in Suite D105, or call her at 3.5050 (informal, M-F, 8:30-5:00)
- University Hall (coming soon!). Temporary space available in the Office of Human Resources & Payroll, 4th floor. Please call 3.2600 or 3.2604 to schedule.

Arlington

- Truland Building, Room 550, please schedule in advance (if possible) with Jay Moon in ICAR at 3.4453 (informal, M-F, 9:00 a.m. – 10:00 p.m.).
- Founder's Hall – Room 323A, please call 3.8070 for access.

Prince William

- Student Health, 2nd Floor Occoquan,
Monday, Wednesday: 9:00am-4:30pm
Thursday: 11:00am-6:30pm

During the posted hours above, check with PW Admin for access when Health Services is not open.

- You may also want to speak with your supervisor regarding using your office, a vacant office, or available space in your department.

Web Resources

La Leche League International <http://www.llli.org/nb.html>

Womenshealth.gov <http://www.womenshealth.gov/breastfeeding/index.cfm?page=home>

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¹ Please note: The Patient Protection and Affordable Care Act (PPACA), informally known as federal health reform, signed into law by President Obama in March 2010, amended the Fair Labor Standards Act (FLSA) making it mandatory for an employer to provide reasonable break time and a private place, other than a bathroom, for nursing mothers to express milk. Guidance is available through the Department of Labor's [Fact Sheet #73](#) and [FAQ on Break Time for Nursing Mothers](#).

State guidance is available at the [National Conference of State Legislators](#).

We are looking for additional space(s) that can be used that will comply with PPACA. Please refer suggestions to worklife@gmu.edu.