Professional Development Day
Johnson Center, Fairfax Campus
March 4, 2017
8 a.m. – 3 p.m.

CANCELLATIONS
A recorded message will be available at 703-993-5807 if the Winter Workshops are cancelled due to an emergency situation or inclement weather.

Registration for 2017 Professional Development Day begins January 30 and closes March 1, 2017. All registrations will be processed electronically online. Register early for better selections and Early Bird Pricing! All confirmations will be sent via email through our online registration link.

PROBLEMS? QUESTIONS?
Tina Morris: 703-993-5807 or tmorris1@gmu.edu
Karen Prodo: 703-993-4645 or kprodo@gmu.edu

PROFESSIONAL DEVELOPMENT DAY LOCATION
The George Johnson Center – #30 on the Campus Map
George Mason University
Fairfax Campus

Directions to the Campus:
www.gmu.edu/resources/welcome/Directions/Directions-to-Fairfax.html

Campus Map: info.gmu.edu/Maps/FairfaxMap15Tabid-Color.pdf

Register online at www.regonline.com/professionaldevelopmentday1
Professional Development Day (PDD)

All workshops are two hours. There are three sessions. The registration fee includes all sessions. Pre-registration only. Registration fees are not refundable. If we cancel for any reason, including weather, you will be given a credit valid for one year for a future PDD.

Childcare professionals may enroll in one First Session, one Second Session, and one Third Session workshop. Please select a second choice for each session in case your first choice is not available.

Registration fees: $75 per attendee February 13 – March 1, 2017

Student Registration fee (with valid ID): $35 per attendee

Early Bird Registration
January 30 – February 12: $70 per attendee

Early Bird Group Discount
January 30 – February 12, 2017 (eight or more from the same center): $65 per attendee

Free Parking: Lot K off of Roanoke River Road

Paid Parking: Mason Pond Deck (#41 on the Campus Map)

George Mason University is committed to providing equal access to all its citizens and activities. In compliance with applicable law, reasonable accommodations will be provided upon request. Call 703-993-5807.

For information email Tina Morris: tmorris1@gmu.edu, or Karen Prodo: kprodo@gmu.edu

Information phone lines: 703-993-4645, or 703-993-5807

The Sessions:
Session One workshops start at 8 a.m.
Session Two workshops start at 10:15 a.m.
Session Three workshops start at 1 p.m.

No check-in necessary! Although we will be there to help, confirmations will be sent via email. Please be sure your information is accurate on your registration form.

If you do not receive a confirmation by March 1, 2017, please call to verify that we received your registration. Please print and bring your registrations so you know where your workshops are located.

Beverage service only will be provided between the hours of 7:30 a.m. and 10:30 a.m.

Lunch may be brought from home or purchased in the Johnson Center Food Court.

The lunch break is from 12:15 – 1 p.m. The Bistro on the ground floor and George’s on the third floor will have lunch seating available.

Please indicate a first and second choice. Many workshops fill quickly.
SESSION One

Please indicate a first and second choice. Many workshops fill quickly.

SESSION 1 ROOM A

STEM in Early Childhood Education

STEM (Science, Technology, Engineering, and Math) is a hot buzzword, but what does it mean in the early childhood classroom? This workshop will look at practical ways to incorporate STEM into your teaching and give you a better grounding in what it looks like in early childhood. We will spend time thinking about what STEM means to young children and what skills can help support their development. We will also look at how to set up STEM explorations in your classroom and ways to fold these concepts into the rest of your curriculum. The focus will be on creating strategies that you can implement immediately, with resources that are on hand or easily obtained. Presented by Sarah Erdman, Cabinet of Curiosities LLC

Location: Room A, Johnson Center, Third Floor

SESSION 1 ROOM B

Ready Readers: Books and Activities to Help Children Hear Sounds in Words

Children’s ability to hear sounds begins to develop during the preschool years. When children understand and can identify rhyming words, beginning sounds, and syllables, they are ready to learn how to read. This training will show how to help preschool children (ages 3-5) learn these skills through library books and enjoyable activities. Presented by Renee Edwards, early literacy outreach manager, Early Literacy Services, Fairfax County Public Library

Location: Room B, Johnson Center, Third Floor

SESSION 1 ROOM C

“You’re Not My Friend!” – Supporting Friendships and Pro-Social Behaviors in the Classroom

Understanding how to be a friend and a caring person is an important part of growth in children and has a significant effect on their later success. This workshop will look at the importance of supporting cooperative interactions and friendships among children, especially within the current climate of bullying. Presented by Philippa Hindman, Early Childhood Specialist

Location: Room C, Johnson Center, Third Floor

SESSION 1 ROOM D

The Classroom Environment as Your Third Teacher!

Are you looking for ways to engage children independently in the classroom? Let’s discuss ways to make your environment work to your advantage! Presented by Shirley Smith, Child Development Specialist

Location: Room D, Johnson Center, Third Floor

SESSION 1 CINEMA

Hocus Pocus Everybody Focus

Through facts, humor, and your own existing knowledge about attention deficit disorder, come discover new ways to creatively enhance your skill set for positive outcomes in helping the children you work with stay on track. No magic wand needed! Presented by Lori Carver-Johnson, MA, PCC, BCC, board certified life coach/mental health therapist, Pathfinders Inc.

Location: Room Cinema, Johnson Center, Ground Floor

SESSION 1 DEWBERRY HALL

What’s the Difference? An Introduction to Conscious Discipline®

Feeling tired of chaos in the classroom? Have you tried everything, but nothing works? Join this session to learn about Conscious Discipline, a comprehensive self-regulation program that creates safe, connected classrooms and teaches essential conflict resolution skills. Presented by Mandy Lloyd, Conscious Discipline certified instructor

Location: Dewberry Hall, Johnson Center, Ground Floor
SESSION 2 ROOM A
Changing Up Your Learning Centers
Children learn through play, and with the right materials that play can be a richer experience! We’ll explore different learning areas (dramatic play, blocks, sensory, art, etc.) and look at ways to “shake up” what you are offering to give kids a new experience. Time will be spent on where to acquire free/low-cost materials and rotation strategies. Presented by Sarah Erdman, Cabinet of Curiosities LLC
Location: Room A, Johnson Center, Third Floor

SESSION 2 ROOM B
Seven Things Every Child Needs
What do young children need in place before they can be successful learners? We will examine these basic needs as explained and defined in *The Irreducible Needs of Children: What Every Child Must Have to Grow, Learn, and Flourish* by Dr. T. Berry Brazelton and Dr. Stanley I. Greenspan. Presented by Ginny Holloway, MEd, teacher of early childhood development, Northern Virginia Community College, Alexandria, co-president of Northern Virginia Association for the Education of Young Children (NVAEYC)
Location: Room B, Johnson Center, Third Floor

SESSION 2 ROOM C
A Guide to Parent-Teacher Conferences: Collaboration, Cooperation, Communication
Parent-teacher conferences provide the opportunity to share information about a child’s participation and progress as well as gain a better understanding of the child outside of school. This workshop will discuss different types of parent-teacher conferences and provide ways to share information and answer parent’s questions. Presented by Philippa Hindman, early childhood specialist
Location: Room C, Johnson Center, Third Floor

SESSION 2 ROOM D
Choices: A Win-Win Discipline Skill
In this Conscious Discipline-inspired workshop, you will learn how to help children stay focused and on-task. You will also help children feel empowered, reducing power struggles. Presented by Shirley Smith, child development specialist
Location: Room D, Johnson Center, Third Floor

SESSION 2 ROOM E
It’s Not Rocket Science! Incorporating Science into Your Preschool Classroom
This workshop is designed to get the early childhood educator excited about science and the amazing world around them, and to share it with their students every day. So strap in and get ready to blast off! Presented by Ed Windhausen, FCPS Head Start and George Mason University Child Development Center
Location: Room E, Johnson Center, Third Floor

SESSION 2 CINEMA
Life Is Not an Emergency: Stop and Take a Breath!
Your beliefs create the conditions of your life. Are you ready to seek new strategies for more balance, personal growth, better health, and happiness? Become aware of your attitudes and assumptions and you just might find a newfound resilience in life—one that enhances your strengths, talents, and skills. Presented by Lori Carver-Johnson, MA, PCC, BCC, board certified life coach/mental health therapist, Pathfinders Inc.
Location: Cinema, Johnson Center, Ground Floor

SESSION 2 DEWBERRY HALL
The Truth About Consequences
In this Conscious Discipline workshop, participants will reflect on the difference between punishments and consequences. We will de-bunk five myths about consequences and learn how to effectively use consequences in the classroom. Presented by Mandy Lloyd, national Conscious Discipline certified instructor
Location: Dewberry Hall, Johnson Center, Ground Floor
Session Three

Please indicate a first and second choice. Many workshops fill quickly.

SESSION 3 ROOM A
Taking Advantage of Technology
Through computers, smartphones, social media, and more, technology is invading every area of our lives. Instead of letting the technology have control, learn how to use it to enhance your teaching! We’ll look at how you can use technology to find new ideas and inspiration for teaching and also ways you can use technology with your students to inspire and explore. If you have a Wi-Fi-enabled device (laptop, tablet, smartphone, etc.), please bring it with you. Presented by Sarah Erdman, Cabinet of Curiosities LLC

Location: Room A, Johnson Center, Third Floor

SESSION 3 ROOM B
Infant/Toddler Social and Emotional Growth
Very young children need close, consistent relationships with the adults in their lives to help them grow and flourish. We facilitate healthy social and emotional learning for babies and toddlers. This is a big responsibility. What do you need to help you with this very important job? Presented by Ginny Holloway, MEd, teacher of early childhood development, Northern Virginia Community College, Alexandria, co-president of Northern Virginia Association for the Education of Young Children (NVAEYC)

Location: Room D, Johnson Center, Third Floor

SESSION 3 ROOM C
Kindergarten Readiness
This session will review guidelines for deciding kindergarten readiness in this region. Included will be a discussion on the pros and cons of holding a child back and a checklist of skills every new kindergartner needs. Presented by Rene Hackney, PhD, owner of Parenting Playgroups Inc.

Location: Room C, Johnson Center, Third Floor

SESSION 3 ROOM D
Let’s Look at Misbehavior!
In this Conscious Discipline-based workshop, we will explore why children misbehave and how teachers can respond effectively. Join us and learn strategies for that “one child” who provides such a challenge to your program. Presented by Shirley Smith, child development specialist

Location: Room D, Johnson Center, Third Floor

SESSION 3 ROOM E
Did You Hear That? The Fine Art of Listening in the Early Childhood Classroom
Listening is a valuable communication skill that is often overlooked. Most people listen with the intent to reply, instead of the intent to understand. Through theory and practice, this workshop will reveal to early childhood professionals listening skills that can be shared with students of all ages. Imagine a classroom where everyone is able to understand the message that was intended. Presented by Ed Windhausen, MEd, candidate and member of the International Listening Association

Location: Room E, Johnson Center, Third Floor

SESSION 3 ROOM F
Teacher as Researcher
As teachers we are curious about children and how they think, and that makes you a researcher! To trace their thinking documentation is an integral part of Reggio Emilia-Inspired learning and this extends to the exploration of writing development in young children. This session will help you develop a teacher-as-researcher mindset, examine authentic artifacts from children’s writing, and begin to think about how to document the process of learning in your own classroom. Presented by Hannah Birney, MA in early childhood education, advanced teacher at School Within School at Goding, DCPS, and Krista Howell, candidate for MS in educational studies: early childhood at Johns Hopkins University, advanced teacher at School Within School at Goding, DCPS

Location: Room F, Johnson Center, Third Floor
SESSION 3 CINEMA
“My Teacher Doesn’t Like Me”
Do you have a student who believes this? Is it a reflection of your behavior? As the teacher, what part of a child’s well-being are you responsible for? Are you aware of any biases (positive or negative) that may be triggering your own personal behavior and how you react to the children you teach? How can you develop strategies to improve the experience for both you and the child? Let’s take a journey together and discuss the role you play in creating emotional, social, and behavioral well-being for both yourself and your students. Presented by Lori Carver-Johnson, MA, PCC, BCC, board certified life coach/mental health therapist, Pathfinders Inc.

Location: Cinema, Johnson Center, Ground Floor

SESSION 3 DEWBERRY
“What You See IS What You Get!”
Using Positive Intent to See the Best
Most of the time, challenging behavior is frustrating because we can’t see beyond the behavior to address the missing social or emotional skill. Join this Conscious Discipline session to learn how the Skill of Positive Intent helps teachers see the need triggering the behavior and use conflict as an opportunity to teach. Presented by Mandy Lloyd, national Conscious Discipline certified instructor

Location: Dewberry Hall, Johnson Center, Ground Floor

Register online at www.regonline.com/professionaldevelopmentday1