Do you plan on teleworking in the next few weeks? Consider helping the university better understand employee well-being by taking part in a telework study sponsored by Industrial/Organizational (I/O) Psychology program. You can read the full message from the researchers below. If someone you know plans on teleworking in the next few weeks, please pass this message along.

Research Study on the Benefits and Drawbacks of Telework

“Academic researchers in the Industrial/Organizational (I/O) Psychology program here at George Mason University, who conduct scientific studies examining strategies to enhance employee engagement and well-being as well as organizational effectiveness, are conducting a study on telework.

- This project is meant to provide scientific evidence about telework and to provide information about ways to enhance employee and organizational outcomes.

- Please be assured that only the researchers will have any knowledge of your participation in, and responses to, this study. Researchers may report the aggregate (average) responses, but no additional information will be shared.

The initial survey should take approximately 15 minutes to complete. After
The initial survey should take approximately 15 minutes to complete. After completion of the first survey, you will be asked to complete four subsequent surveys over the course of the following two weeks. You will receive an e-mail message to complete the follow-up surveys on each of the four days you select in the initial study. Each of the follow-up surveys should take approximately 10 minutes to complete.

Please click on the following link for further information and instructions for how to participate in this study: https://gmuchss.qualtrics.com/jfe/form/SV_6nzmvSSMG5QGW8d.

If you have any questions or if you need to report a research-related problem, please contact Dr. Seth Kaplan or Linden Hughes at skaplan1@gmu.edu or lhughe@gmu.edu, respectively.

*The IRBNet number associated with this research is: 1341325-1.*”

---

**Human Resources & Payroll**  
George Mason University  
Alan and Sally Merten Hall, Office 4100  
(703) 993-2600 | hr@gmu.edu