Have you ever wanted to try teleworking? Now’s the time! Over the university’s spring break from March 11-15, 2019, Mason is celebrating Telework Week. If you want to participate, fill out a Flexible Work Agreement and submit it to your supervisor for approval.

**When filling out the form:**
- Choose your begin date (03-11-2019) and your end date (03-15-2019)
- Check the box next to “Telework/Telework Week/Summer Telework”
- Fill out the Employee Work Schedule section with the day(s) you will be teleworking
- Indicate in the comments box that you are submitting an agreement for Telework Week 2019

*Please note, those who participate in Telework Week are doing so under the Flexible Work Policy, #2202.*
Take Our Daughters & Sons to Work Day

Work Day is **April 5, 2019**, on Mason’s Fairfax campus! Faculty and staff are encouraged to bring their school-aged children (grades K-12) for fun activities and learning sessions about manners, communication, healthy friendships, and more!

**To participate:**
- Complete the online **consent form** prior to the day of the event
- Check out the **event page** for information about the day, event details, and a schedule of events
- Register for the sessions you would like to attend

Visit the **event page** for more information. If you have any questions, please contact **worklife@gmu.edu**.

Individual Financial Counseling Sessions

No matter where you are in life—from just getting started to planning for retirement—a session with a financial consultant can help you prepare for your future! Financial consultants from TIAA, Fidelity, ICMA-RC, and VRS **visit Mason for free, on-campus, individual counseling appointments** throughout the year.

Fidelity has added new appointments on the Arlington and SciTech campuses:
- **Arlington** - May 15 - Founders Hall, room 221 - 9 a.m. – 5 p.m.
- **SciTech** - June 24 - Colgan Hall, room 219 - 9 a.m. – 5 p.m.
To sign up for one of these sessions, visit the Mason Fidelity scheduling website. For a list of all available dates and to sign up for an individual consultation, please visit the HR & Payroll Benefits site. If you have questions, contact the Benefits team at benefits@gmu.edu or 3-2600.

Learn More

---

**CDC Summer Camp**

From North America to Japan and everything in between! Register your rising 1st graders through rising 4th graders for the Child Development Center’s (CDC) exciting Mason Kids Club summer camp!

The theme for this summer is “Around the World.” Campers will learn about various traditions, holidays, customs, literature, art, music, and language as they take a trip around the world. For more information and to register, visit the Mason Kids Club Page. If you have questions, please email cdc@gmu.edu.

Learn More

---

**Mindful Tuesdays**

**Details:** Every Tuesday, 12 p.m.-12:45 p.m. (at the latest), SUB I, Room 3309

Faculty and staff are welcome to enjoy a variety of mindfulness practices every Tuesday during the spring 2019 semester. These practices include mindful sitting, journaling, and guided meditation. No experience necessary! Facilitators will vary throughout the semester.

For questions, contact Katie Clare at kclare@gmu.edu or 3-7078.