Instant HR & Payroll

Health and Well-Being in the Workplace

Details: May 8, Fairfax Campus, Merten Hall 1202, 12:30 – 1:30 p.m.

As part of the Anthem Employee Assistance Program (EAP), Human Resources and Payroll is offering a Well-Being Series focusing on health and wellness topics. May’s topic is Health and Well-Being in the Workplace. This seminar will:

- Address how to enhance your health, well-being, and productivity by relieving stress
- Explore ergonomics and how to prevent injuries on the job
- Discuss how to balance work and life by setting priorities

To register, please visit the seminar’s registration page on the Learning Management System and click “Request” to register.

Spring Cleaning on Patriot Web

Can you believe the spring semester is ending soon? To prepare for summer, let’s do some spring cleaning on Patriot Web! Please encourage your faculty and staff to update their information on Patriot Web such as addresses, phone numbers, and emergency contacts.
Is someone from your unit or department leaving employment with Mason or thinking about retiring? Please share and remind them to follow the exit process to ensure a smooth transition.

If you have questions, please email hr@gmu.edu.

Mason is a proud partner of Military Spouses Employment Partnership (MSEP) program which supports military spouses and their families. The College of Education and Human Development (CEHD) is showing support for military children through promoting April as the Month of the Military Child:

“CEHD invites the Mason community to ‘Purple Up’ on April 10 (tomorrow!) by wearing purple to show support for military children!

Did you know:

- Military children may attend six to nine schools during their K–12 education
- Over 70,000 military-connected youth live in Virginia
- The Military Interstate Compact (MIC3), signed by all 50 states, helps schools with the transitions between school systems

Let’s show support for military children by wearing purple this Wednesday! For more information about this initiative, contact Jennifer Drake Patrick at jdrakepa@gmu.edu.”
Details: deLaski Performing Arts Building, Fairfax Campus, May 4, 5:30 p.m.

From our friends at the School of Music: Celebrate the breadth and depth of Mason’s School of Music with an exciting evening at A Musical Feast. This benefit for School of Music scholarships includes a gala, with food and wine, followed by student performance showcases, with pieces that range from opera to the fife and drum corp.

To buy tickets and for more information, including ticket prices, visit the College of Visual and Performing Arts’ website. For additional information, please contact Alice Magelssen-Green at amagelss@gmu.edu or 3-1593.

For a legend of the header icons, visit the Instant HR & Payroll legend page.

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