EPAF training has now moved to an online training format in MasonLEAPS. Anyone that needs the training may access and complete the training online. After completing the training, a Banner Administrative Systems Account Request Form should be sent to hris@gmu.edu to request new or modified Banner access.

To register for EPAF training, log in at masonleaps.gmu.edu and search EPAF Training (Online) in the search box to the right. On the curriculum details page, select Open Curriculum to complete the online training.

If you have any questions, please reach out to hrdm@gmu.edu.

Each week, CommonHealth, the state's Employee Wellness Program, releases a newsletter called CommonHealth Connections. These quick newsletters aim to enhance your well-being by giving you tips on topics such as nutrition, sleep, exercise, and benefits for Commonwealth of Virginia employees.

Please visit the announcements on the Life/Work site every week to see the latest CommonHealth Connections newsletter. This week focuses on the CDC’s guidelines for traveling safely, proper wearing of face coverings, and a deep breathing/relaxation session.

Questions? Contact worklife@gmu.edu.
Human Resources and Payroll
George Mason University
Alan and Sally Merten Hall, Office 4100
(703) 993-2600 | hr@gmu.edu