Employee Well-Being Month is in full swing! Watch out for the well-being announcements in blue. Today you will find announcements supporting your financial well-being and psychological well-being.

Discover information below about employing minors at Mason, a new topic for the Well-being Lunch and Learn Series, and a fun discount!

**Employment of Minors**

We want to share some helpful information and resources about employing Minors, that are under the age of 16, at Mason.

**To employ a minor aged 14 and 15 at Mason:**

1. The minor, the minor’s parent/guardian/custodian, and the department hiring the minor need to complete the **Electronic Employment Certificate process:**
   1. The minor should complete *Step 1: Youth Registration* and share the “Youth Unique Identifier” with the department
   2. The department needs to complete *Step 2: Employee Registration*
   3. The parent/guardian/custodian needs to complete *Step 3: Parent/Guardian/Custodian Registration*
2. The department should keep a document on file that verifies the age of the minor (e.g. birth certificate)

**Please note:**
- The Fair Labor Standards Act (FLSA) sets the minimum age for employment at 14 years of age and **limits the number of hours worked by minors under the age of 16.**
For more information:
- FAQ on Child Labor Law
- Employment Certificate Application Instructions
- DOL Age Requirements

Seminar: Stress Reduction Tool Bag

Details: Fairfax Campus, Merten Hall 1202 on July 12 from 12 p.m. – 1 p.m.

As part of the Employee Assistance Program (EAP), Human Resources & Payroll is offering a Well-being Lunch and Learn Series focusing on mental health topics.

July’s topic is Stress Reduction Tool Bag. This seminar will discuss good and bad stress. Participants will explore how to recognize the symptoms of stress and gain tools to manage stress, including mindful communication.

To Register, visit: [http://hr.gmu.edu/learning/register.php?id=2755&type=822](http://hr.gmu.edu/learning/register.php?id=2755&type=822)

Questions: Contact Niki Imamura at nimamura@gmu.edu

Discount

Need to escape the heat? Continue celebrating Employee Well-Being Month by visiting University Mall Theatre!

The Mason community receives special pricing at [University Mall Theater](http://hr.gmu.edu/learning/register.php?id=2755&type=822) just by showing a Mason ID!

You can also read more about their ticket pricing.

For a legend of the header icons, visit the Instant HR & Payroll legend page.

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