This coming Wednesday is Independence Day! July 4, 2018 is also a George Mason holiday. Stay safe, eat lots of delicious food, and enjoy your day!

Read below to discover information on the new discount page, a CommonHealth Eat Well Challenge, and a flex holiday reminder.

**New Discount Page**

The Mason discount page has a new look and a new home! Your discounts are now more accessible than ever.

Find all the discounts you receive as a Mason employee at [http://hr.gmu.edu/worklife/discounts/](http://hr.gmu.edu/worklife/discounts/).

**Eat Well Challenge**

Continue celebrating Employee Well-Being Month through July by participating in a healthy eating challenge. CommonHealth, the state’s Employee Wellness Program, is challenging employees to eat healthily with the 2018 Eat Well Challenge.

Registration is open! Visit [www.commonhealth.virginia.gov](http://www.commonhealth.virginia.gov) or sign up here.
today.

The first 1,000 employees to complete the challenge (including submitting the follow-up survey at the end of the challenge) will receive a Ginny B. Well pin. Questions? Contact your agency coordinator, Bridget Peabody, at bpeabody@gmu.edu.

If it applies to you, don’t forget to use your flex holidays this year!

Senior leadership provided 16 hours of flex holiday in 2018 for benefited faculty and staff hired before February 1, 2018. With supervisor approval, qualifying benefited faculty and staff can use these flex holiday hours anytime during the 2018 calendar year. Part-time faculty and staff will be given leave proportionately.

When you use the flex holiday hours, please enter the number of hours used on your time sheet under "Special Flex Holiday."

Be sure to use your flex holiday hours! They expire at the end of the 2018 calendar year and are not eligible for payout.

Visit the benefits page for the full 2018 holiday schedule.