Apply for the third cohort of the Emerging Leaders Supervisor Series which begins in September 2019 and runs until November 2020!

In addition to the in-class curriculum, participants will:
- Work with assigned workplace coaches to set goals related to their growth as a leader
- Complete a developmental project
- Work with peers across the university to build a network of fellow supervisors

Apply at hr.gmu.edu/learning/supervisor.php. The application deadline is tomorrow at 5 p.m. Applicants must be Mason faculty or classified staff and must supervise at least one employee who is faculty or classified staff.

For questions, contact Margaret Vu at mvu20@gmu.edu or 3-4516.
Who’s Walking Wednesday

Take a break with a walk around campus! Join Frank Neville, chief of staff and vice president of Communications and Marketing, as he leads Who’s Walking Wednesday on Wednesday, July 17, 2019. The walk begins at noon in front of Merten Hall. Bring your water and walking shoes!

If you want to lead a walk on the Fairfax Campus, visit the signup page. If you have questions, please contact worklife@gmu.edu.

CDC Pizza Picnic Fundraiser

Details: July 19, 5:30-8 p.m., Mason’s Manhattan Pizza in Merten Hall

Help the Mason Child Development Center (CDC) “raise some dough” at the CDC’s Manhattan Pizza Picnic Fundraiser! Be sure to grab a blanket, order some food, and tell Manhattan Pizza you are ordering to support the Mason CDC. See you there!

If you have questions, contact cdc@gmu.edu.

Monster Jam Discount

Monster Jam will be at the Hagerstown Speedway in Hagerstown, MD from July 26-28, 2019! As a Mason employee, you receive discounts to the show for you and your family. Please see the flyer for more information about the available discounts.

To purchase tickets, call 866-248-8740 and choose “option 1.” The deadline to order tickets is July 22, 2019, at 12 p.m.
If you have questions, please contact felddirectgroups@feldinc.com.

The Well-Being Buzz

It is often said that multitasking is a sign of high performance, but in today’s world, that mindset is slowly changing. According to various studies, multitasking can cause detrimental effects to our bodies, including brain damage, reduced mental performance, and more.

“The pinnacle of success was embodied in flawless multitasking and crossing off the longest to-do list. Now everything is about ‘being in the moment’ – and for good reason.”

So how do we stop multitasking and focus, while still getting everything done? According to this “multitasking marketer,” there are many ways to do this. Read on to learn more!

For a legend of the header icons, visit the Instant HR & Payroll legend page. For previous announcements, visit the Instant HR & Payroll Archives page.

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