Faculty-Staff Enrichment Day 2019
About Our Speakers

Keynote Speaker

Lauren B. Cattaneo
Associate Professor of Psychology

Lauren B. Cattaneo, Associate Professor of Psychology, leads the Lab for Community REACH (Resilience, Empowerment, Action, Change) at George Mason University. Dr. Cattaneo applies a community psychology orientation to her work, centering on the ways higher education in general and psychology in particular can help to address social problems. She has won local and national awards for excellence in teaching, mentoring and engaged scholarship.

Lunchtime Keynote Speaker

Dr. Param Srikantia Ph.D.
Professor, Baldwin Wallace University

“Enjoying the Lightness of Being”

Dr. Param Srikantia draws upon 20 years of leadership experience in six global conglomerates coupled with teaching and scholarly research on multiple continents. He has authored over 35 scholarly papers in management published or presented at conferences in the U.S., Europe, Asia, South America and Africa. Before joining the faculty at Baldwin Wallace University, Srikantia was a consultant at the World Bank, designing workshops for finance ministers of several countries. He has also facilitated leadership seminars to management teams of transnational organizations drawn from over 75 countries in a global leadership organization sponsored by the federal government. He has worked in human resources and management development roles at the Unilever Group, Arthur Andersen, the American Cyanamid Company and Lederle Laboratories and the Tata Group. He has taught at Case Western Reserve University, George Mason University, University of Iowa, Jamnalal Bajaj Institute in India and FAE Business School in Brazil. He is a former television host in India who is well acquainted with the art of energizing a live audience.

With a doctorate in organizational behavior and several master’s degrees (psychology, human resources and business administration), Srikantia has recently embarked on public seminars based on non-traditional ways of unleashing human potential that have now grown to a contagious level of popularity reaching over 25000 attendees in Boston, Chicago, Toronto, San Francisco, Washington DC, Cleveland, Cincinnati, Pittsburgh and the New York metropolitan areas. They have attracted practicing managers, entrepreneurs, physicians, attorneys, social
workers, nurses, psychotherapists, public policy practitioners, labor leaders and teachers. These ten public seminars embody an unusual form of education not currently available in most U.S. universities or corporations as they invoke very diverse methods for tapping into the deepest reservoirs of human potential. The Director of Program Planning for the international seminar organization, The Institute for Management Studies (IMS), Steven Daniel, Ph.D. (Cornell), equated Srikantia’s capabilities with those of seven legendary management educators and invited him to speak at the ABM conference of IMS featuring IMS partners from 26 cities across North America and Europe:

**Breakout Session Presenters**

**Julia Morelli**  
President, George Mason University Instructional Foundation, Inc.

“Moving Toward Flexibility and Resilience”

Julia Morelli began her work combining mind-body practices (yoga, qigong, and meditation) with constructive conflict engagement twenty years ago. Movement and somatic (body) awareness are central to her work with leadership, conflict, and change management. She enjoys her collateral duty as a trainer, facilitator, and workplace coach for Human Resources/Payroll, and as a mediator for the VA Department of Employment Dispute Resolution. Julia is President of the George Mason University Instructional Foundation (GMUIF).

**Mary Elizabeth Lynch**  
President, Personal Transformation and Courage Institute

“Leading With Your Values: Building Capacity for Resilience From the Inside-Out”

Mary Elizabeth Lynch, M.A., J.D., is a co-founder and president of the Personal Transformation and Courage Institute, a non-profit organization which specializes in personal growth and development course offerings. She is an adjunct faculty member at George Mason University. In addition to working with both graduate and undergraduate students, Mary Elizabeth leads workshops for adults of all ages, helping them clarify their core values, find constructive ways to resolve inner and outer conflict, and build capacity for mindful awareness and healthy use of power and energy in their lives. She brings to her course leadership 40 years of personal application of mindfulness and meditation practices. She believes mindful awareness training creates the foundation for sustainable change – building personal and professional well-being, strengthening analytic and intuitive reasoning skills, and fostering enhanced capacity for resilience.

**Deanna Busteed**  
Sports Dietitian, Intercollegiate Athletics

*Coming Soon!*
Angela Hattery  
Professor and Director, Women and Gender Studies

“Cultural Dexterity and Cultural Humility as Strategies to Realize Inclusive Well-Being”

Angela J. Hattery is Professor and Director of the Women & Gender Studies Program at George Mason University. She is the author of 11 books, including her most recent book, Gender, Power and Violence: Responding to Intimate Partner Violence in Society Today (2019) which followed on the heels of Policing Black Bodies: How Black Lives are Surveilled and How to Work for Change (2018) as well as dozens of book chapters and peer reviewed articles. Her forthcoming book (number 12) is entitled Way Down in the Hole: Race, Intimacy and the Reproduction of Racial Ideologies in Solitary Confinement explores the ways in which racial antagonisms are exacerbated by the particular structures of solitary confinement. She serves as a consultant to agencies that seek to combat violence against women and she regularly appears as an expert on these issues with major US TV and radio news media. She teaches courses on race and gender inequality, families and methods.

Ann Rosser  
Principal, Finding Resolution Consulting

“Do You Adapt to Cope or to Win?”

As a leadership development consultant, certified coach, mediator and facilitator, Ann utilizes her over 20 years of executive experience to improve the performance of organizations and individuals. Her focus is on improved and courageous communication to enable clients to address conflict and adapt to change.

By instilling confidence and courage, Ann partners with clients so that individuals clear whatever hurdle is blocking their future success; and organizations effectively embrace change, unify purpose/vision and breakdown silos. Ann focuses on the specifics of goals – not generalities, the power that attitude holds in success and the importance of self-awareness in becoming a good leader. She is an effective personal sounding board – responding to concerns with insightful feedback and asking questions to prompt self-examination.

Ann is a credentialed coach by the International Coach Federation, a certified mediator (Supreme Court of Virginia), and a Gallup Strengths Coach. She is a graduate of Leadership Arlington, an active member of the Arlington Chamber of Commerce, the Association for Talent Development, a former board member of the Northern Virginia Mediation Service, and a past Vice President of the Women Alliance for Financial Education. Finding Resolution Consulting is a (SWaM) Small, Women-owned & Minority-owned Certified Business. More information can be found at: www.findingresolution.net.
Donielle Nolan  
Adjunct Faculty, School of Integrative Studies, Greenhouse & Gardens Program Manager, Office of Sustainability  

Coming Soon!

Maury Peiperl  
Dean, School of Business  

Coming Soon!

Pamela Patterson  
Associate Vice President for University Life  

Coming Soon!

Melissa Schreibstein, M.S., ACC  
Director, Well-Being Programs  

“Keep ANTS from Ruining Your Picnic”

Melissa Schreibstein serves as Director of Well-Being Programs for Mason’s Center for the Advancement of Well-Being. As Director, Melissa manages CWB signature well-being programs and consults on the science and application of well-being across the university. Prior to coming to Mason in 2019, Melissa worked as a consultant for the U.S. Army, training soldiers and leaders in mental skills to build resilience and enhance leadership. She is a leadership coach with education and training in sport psychology, and she applies that knowledge to serve hard-working leaders and athletes in the DC metro area and across the country. Melissa has more than 12 years of experience helping clients develop a mental edge, conquer obstacles, and thrive personally and professionally.

Dr. Milagros (Millie) Rivera  
Director of Faculty Diversity, Inclusion, and Well-Being  

“A Mindful Mind”

is the Director of Faculty Diversity, Inclusion, and Well-Being at George Mason University, Office of the Provost. In that position, she leads efforts to implement and strengthen institutional initiatives around Mason’s strategic goal of recruiting and retaining a diverse faculty. Prior to joining Mason, Dr. Rivera was a professor and Chair of the Department of Communication Science at the University of the Free State in South Africa, where she also held roles as Acting Dean of the Faculty of the Humanities. At UFS she successfully diversified her departmental faculty and improved student learning outcomes through supporting and mentoring faculty in a variety of professional development programs and opportunities. Prior to that she served as faculty member and founding department chair of the Department of Communications and
New Media at the National University of Singapore, where she oversaw the development of interdisciplinary curricular approaches and research opportunities and built and mentored a diverse faculty body that led to the department being ranked as the third best in the world (World Rankings by Subject, 2012). While at NUS she received the Wellness Ambassador Award for implementing a mindfulness program for students and staff in the Faculty of Arts and Social Sciences.

Al Fuertes
Term Associate Professor, School of Integrative Studies

Coming Soon!

Katie Clare
Assistant Dean, Undergraduate Academic Affairs, College of Humanities and Social Sciences

“Active Learning Session: Guided Meditations and Writing Activities”

Katie Clare earned her undergraduate degree in English and Art History from George Mason University in 2001. After initial efforts to learn Chinese, she abandoned plans for graduate work in Asian art history and a cross-country move. She completed her MFA in Creative Writing (Poetry) at George Mason in 2005. In 2008, she accepted the position of Assistant Dean for Mason's College of Humanities and Social Sciences. In addition to her administrative role, she enjoys teaching because it allows her to engage with students in the classroom. She is pursuing her PhD in Writing and Rhetoric with a research emphasis in mindfulness, well-being, and contemplative pedagogies. She is a certified Mental Health First Aid instructor through the National Council for Behavioral Health. Outside of work, she spends her time cooking and baking, reading and writing, parenting, and exploring a range of well-being practices with her family, especially meditation and yoga.