



Office of Workforce Engagement

**GOT
FRESH IDEAS
EVENTS HAPPENING
KNOW**

**INCREDIBLE EMPLOYEES
REMARKABLE AGENCY LOCATIONS**

**WHAT ARE YOU DOING TO
HANDLE COVID-19 AND
CURRENT ISSUES IN
DIVERSITY AND EQUITY?**

**SHARE
PHOTOS
STRATEGIES
RESOURCES**

Send to employeeexperience@dhrm.virginia.gov

This is a magazine for employees, by employees.

Click above for the last issue or send submissions to employeeexperience@dhrm.virginia.gov.

COMMONHEALTH CONNECTIONS

Healthy habits

DO YOUR BEST TO STAY WELL BY
TAKING CARE OF YOURSELF
FIRST AND FOREMOST



Stretch Break