Do I need to register to receive a flu shot?
No, all flu shot clinics are walk-in. Please come when it is convenient for you!

When is the clinic the busiest?
The flu shot clinics are busiest in the morning between 10am and 11am and at lunch between 12pm and 1pm. Please plan accordingly.

Are there forms I should fill out beforehand?
Yes! COVA members can complete the flu shot consent form before attending the clinic. Please click here to access the form.

Kaiser members will complete their consent form(s) in person at the clinic.

What do I need to bring to the clinic?
All employees should bring their respective health insurance card. Kaiser Permanente members should bring a valid ID, such as a driver's license, as well. If you have completed a consent form (COVA members only) prior to the clinic, you may bring that to ensure a shorter wait time.

Who administers flu shots on campus?
Harris Teeter pharmacists administer flu shots to COVA members. Kaiser Permanente contracts with a vendor, Wellness Corporate Solutions, who administers flu shots to Kaiser members at the Fairfax clinic.

If I do not have Mason's health insurance, can I receive the flu shot?
Most insurances cover the flu shot, but it is not guaranteed. You may ask a pharmacist when you arrive if it is covered. Please note that if the flu shot is not covered, you may have to pay. You may alternatively receive your flu shot from Student Health Services for $30.

How long do I need to stay after I receive my flu shot?
The pharmacists recommend waiting 10-15 minutes after the flu shot to monitor for any adverse reaction.

Can I bring a dependent for the flu shot?
Yes! For employees with COVA insurance, children 6 years and older can receive the flu shot at the clinic with a guardian present. For employees with Kaiser insurance, dependents 18+ are eligible to receive a flu shot at the clinic.
I need a thimerosal-free vaccine. Will those be provided?
Yes! Please be sure to tell your pharmacist when you meet with them.

Will other vaccines be offered at the clinic?
No. Only flu shots will be offered at this year's clinic.

Will there be more flu shot clinics?
Yes! There will be an additional clinic on the Fairfax campus on Tuesday, November 5, 2019, from 9am to 12pm in the Johnson Center Gold Room (only for COVA members).

Will Kaiser Permanente be at every clinic?
Kaiser will not be sending nurses to the other flu shot clinics.

However, employees can receive a flu shot on the Fairfax campus at the Kaiser Permanente Mobile Health Van on Monday, December 2, 2019, from 9am to 1pm in the Merten Hall parking lot. Both COVA and Kaiser members may receive a biometric screening and flu shot on the Mobile Health Van free of cost.

Where can I learn more about the 2019-2020 flu vaccine?
You may visit the Center for Disease Control’s website to learn more about this year's vaccine.

Do you have a question that we did not answer?
Email worklife@gmu.edu