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Understanding health savings accounts
We’ll help you understand unique aspects of HSAs including how they help account owners pay for current healthcare expenses and save for those in the future.

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Looking to turn your retirement savings into a “paycheck” for life?
Learn how creating a diversified income plan—one that uses a combination of income sources and includes annuity income that’s guaranteed for life—can help reduce the risks you may face in retirement and ensure you have income that never runs out.

**October 11 at 12 p.m. (ET), 11 a.m. (CT), 10 a.m. (MT), 9 a.m. (PT)**

Quarterly economic and market update with TIAA’s Chief Investment Strategist
Take a closer look at our views on the financial markets, including key market drivers, the U.S. economy, policy and politics, and investing in public markets. We’ll also cover the challenges that investors face and how to navigate them.

**October 12 at 12 p.m. (ET), 11 a.m. (CT), 10 a.m. (MT), 9 a.m. (PT)**

Money at Work 1: Foundations of investing
Discover how you can manage risk versus reward as well as understand the role of investing and managing risks, ways to help accelerate savings and tools that can help sustain a portfolio.

**October 12 at 3 p.m. (ET), 2 p.m. (CT), 1 p.m. (MT), 12 p.m. (PT)**

Social Security considerations
Social Security will likely play a significant role in building your retirement income. Learn the basics about Social Security including eligibility, how to apply, how your benefit is calculated and strategies for claiming benefits.

**October 19 at 3 p.m. (ET), 2 p.m. (CT), 1 p.m. (MT), 12 p.m. (PT)**

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